

Symphony of Smiles



with Dr. Gary L. Thiele, DDS, FAGD, FIADFE

Produced to improve your dental health and awareness

Summer 2007

fromthedentist

Dear Valued Patient:

I hope you will enjoy this issue of our newsletter. This time I am featuring one major theme. In this issue it will be Whitening.

You may not be aware that there are many different methods to whiten and brighten your smile.

My hope is you will find this information valuable and will perhaps even have some ideas for what topic I should cover for our next issue.

I put these newsletters together with purpose of passing on to you and your friends and family educational materials that relate not only to your dental health but to your overall health.

Please let me know what you would enjoy reading about in future issues of our newsletter.

Yours in good dental health,

Dr. Gary L. Thiele & Team

turnthepage

Restoring your unique smile...

Confidence to smile again with crowns!

Healthy, attractive smiles are everywhere!

Empress® ... the strength of natural teeth

Implants ... your smile solution?

Say "Wow" Now!

Smile brighter with new Zoom! Advanced Power

Teeth whitening has never been safer, faster or more effective, thanks to Zoom!® Advanced Power™, the very latest in-office teeth whitening. It is so effective that your smile shade could literally zoom right off the whitening charts! The Zoom people call that the "wow factor" because patients are so completely wowed by the dazzling brightness of their smile!

Zoom! Advanced Power goes even beyond Zoom!™ and Zoom2® whitening procedures that you may have seen on ABC's *Extreme Makeover*. That's because optics experts have created an exclusive custom light technology that has the highest output of any chairside whitening lamp available. Combining this light source with Zoom! Advanced Power 25% hydrogen peroxide gel, will create your super-wattage smile!

Wouldn't you like to achieve in only 45 minutes what would normally take weeks to achieve at home? And these results really last! In fact, we can provide a customized take-home



ZOOM! Advanced Power SPECIAL

Now \$549

Appointments are limited.

Call today to reserve your spot!

Regularly \$649.

Offer expires September 30th, 2007

touch-up kit with custom-fitted trays for an annual perk-up.

Perhaps your teeth have discolored from the most common causes - staining beverages and products like tea, coffee, red wine, berries, and tobacco. Possibly age or tetracycline are the culprits. Zoom! Advanced Power could be the answer you've been looking for! Call us today for your personal smile consultation. In only one office visit, your teeth could Zoom! to the top of the charts... and then some!

Making gorgeous smiles affordable

From Start To Finish

Restoring your smile (as seen on ABC's *Extreme Makeover*)

Every patient's smile is unique, and so is their smile wish list. For some, a single procedure like teeth whitening is the best smile solution. For others a *full mouth restoration* or *smile makeover* is the best option to restore both appearance and function. We can fill gaps, improve the shape, length, or color of your teeth without surgery – and even give them a straighter appearance without braces. We can restore in only a few visits what might have taken years in the past to accomplish.

During your consultation appointment, we will discuss your goals with you and answer any questions you might have so that we can customize your treatment plan.

On your first reconstruction visit, we take digital x-rays, precise measurements, and make a wax-up of your restoration to create your smile prescription for the esthetic technicians who will create your crown, veneer, or bridge. We can show you how you'll look using digital imagery (before and after photos), and your diagnostic wax-up will show you exactly the form/shape of your new teeth. You'll leave our office with a beautiful trial smile that you can wear until your final appointment.

During your final appointment, we will remove your temporary restorations and replace them with your custom-made restorations. Your restored smile will look beautiful and feel natural. You'll be ready to greet the world with your gorgeous new smile!

A Jewel Like No Other

Gain a confident smile with
crowns and bridges

Crowns and Bridges. The very words denote power and strength. That's fitting because crown and bridge restorations are meant to boost your smile power while strengthening the structure of your smile.

Crowns are sometimes called caps because they fit over your teeth to support them and to improve their appearance. They are usually made of natural-looking translucent porcelain and are designed to blend in so well with neighboring teeth that no one can tell that you have them.

Where does the bridge come in? When you have one or more missing teeth, replacements are created to fill in or bridge the gap. One or both of the supporting teeth on either side may require crowns to make them strong enough to support the replacement.

Crown and bridge restorations can benefit you in so many ways – enhanced appearance, improved ability to eat and speak ... and renewed self-confidence.

We invite you to call for a consultation. Your confident smile is always a jewel in our crown!

You may require a crown if a tooth has:

- been extensively damaged by decay;
- become weakened because there is more filling than tooth;
- been fractured, compromising its structural integrity;
- become discolored and detracts from your smile;
- undergone root canal treatment;
- the role of supporting a bridge.



Complete Or Partial?

Dentures can be a total smile solution

Dentures can restore your natural appearance and your ability to eat and speak. They can even help to plump out facial wrinkles. For many people – in consultation with their dentist – dentures remain the treatment of choice to replace missing teeth.

Dentures are removable, custom-fitted replacement teeth that are crafted from strong, durable materials like acrylic resin which can be reinforced with porcelain or metal. There are two main types of dentures: complete and partial. Overdentures are a hybrid of the two.

Complete dentures replace all of your teeth. You may require both an upper and lower prosthetic, although sometimes only an upper denture is required. They can be placed immediately after extraction or after

a lengthier healing period. There are advantages and disadvantages to either approach, and we can review these together.

Partial dentures correct only the gaps in your smile by anchoring removable dentures to your natural teeth with metal clasps or nearly invisible devices called precision attachments. By filling in gaps, partials can help to prevent further decay, gum disease, or the shifting of your remaining teeth.

Overdentures are similar to complete dentures but use one or more natural teeth for support like a removable partial. In many instances, they can be attached to dental implants.

With proper care, your dentures will provide a natural looking, functional smile for up to ten years. Please call us: dentures could be your smile solution!

Inspired By Nature

Metal-free *Empress*® restorations

Have you ever wondered why movie stars and television hosts all seem to have megawatt smiles? They make certain that their precious smiles get the maximum care and feeding dental science can provide. Now you can, too.

New and exciting *Empress*® materials mimic the form, function, and beauty of natural teeth, and are available through convenient and affordable consultations right here at our office.

Unlike traditional dentistry, *Empress* doesn't require unattractive metal support. Made of porcelain, with

excellent translucency and strength, custom-made *Empress* restorations provide a very natural, enamel-like look. They are indistinguishable from your own natural enamel.

Crowns – often called caps – are required when your tooth has more filling than tooth (which weakens its structure) or when the existing tooth structure becomes fractured or severely compromised, for example, from trauma.



Empress works equally well for veneers as it does for crowns. Veneers are indicated if you have a broken or chipped tooth, if your teeth have been permanently stained or discolored, or if fillings are stained or unsightly. Veneers are very thin, extremely strong shells that are bonded on the front of your teeth. They can even be used to straighten your smile, close spaces, and reshape the alignment of your teeth.

With *Empress*, we can recreate the strength and vitality of your natural teeth with metal-free crowns, bridges, and veneers to make sure your smile has that Hollywood dazzle!



Before

Veneer Application

After

Look Around You!

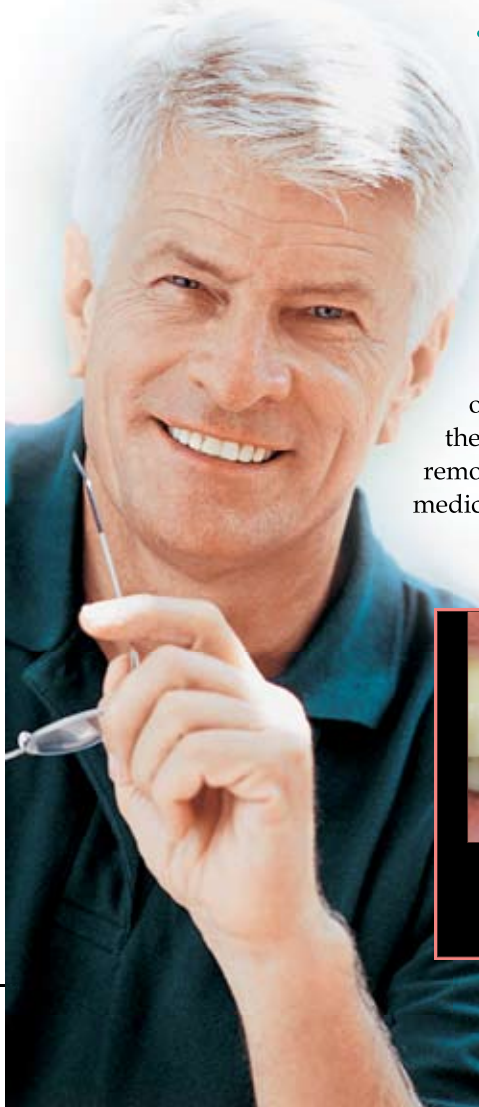
Eye-catching smiles have become the norm

New techniques, new technology, and dedicated dental professionals are behind every attractive, healthy smile you see. And a hectic schedule is no longer an excuse to procrastinate. With today's teeth-whitening techniques, you can have the look you've always dreamed of in only one or two visits.

Even a subtle change can dramatically perk up a smile. For example, replacing older fillings with white composite materials, or with inlays or onlays, can make all the difference in how you look – and feel. Teeth whitening can gently and effectively remove the unsightly stains that can build up over time from tea, coffee, ageing, and medications. You can select the degree of brightening you'd like to achieve.

Ultra-thin porcelain veneers and bonding will also lighten your teeth and cover the most stubborn stains. But at the same time, they will also correct gaps, chips,

crowding, and even the shape of your teeth. Veneers are very strong thin shells of porcelain that are permanently affixed to your natural teeth. Bonding uses a special tooth-colored material that adheres directly to your teeth. The results of both procedures look completely natural and can strengthen your natural tooth structure.



Shine Up Your Smile

Say goodbye to dental discoloration



Do you shy away from being photographed or avoid smiling because your teeth are stained or dark? You are not alone. The number-one esthetic concern among dental patients is discolored teeth.

Even if your teeth are severely stained from smoking, coffee, tea, or ageing, we can safely and effectively lighten them. Many off-the-shelf whiteners are ineffective: the best method of tooth whitening is under our office's supervision.

Tooth whitening involves the lightening of dental discoloration by application of a whitening agent. If you're in a hurry for brighter teeth, we can provide in-office whitening. More often we will suggest a dentist supervised at-home whitening, which is more economical and offers much the same results - safely and predictably.

During your first appointment we'll take an impression of your teeth and create your custom-fitted whitening tray. It's lightweight and can be worn comfortably over your teeth. You'll also receive whitening materials and instructions. Previously it was recommended you wear the trays for several hours or overnight. We now have better whitening materials and recommend wearing the appliance 1 hour a day for 2 to 4 weeks, although longer use will produce even whiter teeth.

Lightening lasts from six months to five years, depending on exposure to smoking, red wine, coffee or tea. We can easily re-whiten your teeth. Let us know if you're interested in tooth whitening. Within two weeks your smile can be clean, bright, and white!

Your Referrals... Get special care

Huge international corporations and advertising agencies would give just about anything to get something we have that they don't. We're privileged to have your loyalty and your referrals.

Maybe you'll be surprised to know that we get most of our new patients from our existing patients, like you. This is much more valued than any marketing campaign as it's clear that your testimonial speaks volumes beyond any advertising slogan. It's simple really... Because your referrals know you, they trust you. And that means they'll trust us.

We want you to know that we are committed to upholding your trust by providing your referrals with the special care you intend for them.

We welcome your referrals, and we're very proud of them.

office information

Symphony of Smiles
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Office Hours

Monday 8:00 am - 5:00 pm
Tuesday 8:00 am - 5:00 pm
Wednesday 8:00 am - 5:00 pm
Thursday 8:00 am - 5:00 pm
Friday 8:00 am - 12:00 pm *

* Only front office available on Fridays

Contact Information

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Office Team

Janie.....Front Office Coordinator
BeckyRegistered Dental Assistant
Rusty.....Registered Dental Hygienist
Bonnie.....Office Manager

Communication is important to us - don't be afraid to ask questions!

Silver Today?

White tomorrow!

Chances are, your first cavity was filled with dark-silver amalgam. You might have multiple fillings, and you might wish you could change them for something less conspicuous. Now could be your time.

It's a filling fact that due to natural wear, these restorations can deteriorate to the point where bacteria can seep under the filling, allowing decay to grab hold of healthy tooth material. We'd like to help you and your family to prevent that.

Please ensure your regular recall appointments so that we can check the stability of your amalgam fillings, and if necessary, replace them with natural-looking enamel-colored ones. It's always our goal to help prevent potential damage and improve your smile!